



Talent Agent: Denise Guthrie
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Kristi Woods

CAEA | ACTRA

Height: 5'8 | Eyes: Hazel | Hair: Brown

TELEVISION & FILM

In The Dark	Principal	CW/CBS/Malakai
Dandelion Green	Principal	Babyteeth Prod./Kathleen Burgess
Unexpected Killer	Co-Star	Our House Media/Rob Wilson
Haunted Hospitals	Supporting	Sphere Media/Robin Bicknell
Paranormal Nightshift	Supporting	Sphere Media/Tim Wolochatiuk
Little Soul	Actor	CBC Gem/Wildling Pictures
The Violinist	Supporting	CBC Gem/Michael Lavers
Copping Justice	Principal	Ryerson/ Alexandra Dunlop
Rev	Actor	N5 Pictures/Reza Shaffaf
Forever and Always	Lead	Sheridan/Cyrus Lo
Zombie Beach	Supporting	Asopa Films/M. Asopa

THEATRE

Deadly Memories	Juniper	Port Stanley/Liz Gilroy
The Wedding Party	Margaret/Alice/Vlad	Theatre Orangeville/Jennifer Stewart
A Christmas Carol	Chris	Smile Theatre/Jim Betts
The Wild Rovers	Maeve	Smile Theatre/Stephanie Graham
Dead Right	Suzanna	Fringe Fest/Briane Nasimok
Chapter Two*	Jennie Malone	Stage West Calgary/J. Sean Elliot
Rock of Ages**	Ensemble/u.s. Mother	More Entertainment/J.P. Gedeon
Urinetown	Soupy Sue	TMC/Christopher Wilson
Ensemble the Musical (workshop)	Julia	Randolph Theatre/P. Kauffman
Merrily We Roll Along	K.T. Lewis	TMC/Christopher Wilson
Wendy Darling the Musical (Workshop)	Tiger Lily	Seventh Stage/Rosalind Mills
Liam:The Musical	Christine	No Strings Theatre /Tyler Check
Legally Blonde the Musical	Serena	L.O.T/Tricia Lackey
Cabaret	Kit Kat Girl	Rose Theatre/M.J. Shaw
Rocky Horror Show	Phantom	Fallen Rock/Scott Pietrangelo

* Outstanding Performance in a Leading Role Nomination- Chapter Two - Calgary Theatre Critics Awards

** Outstanding Production Nomination - Rock of Ages - Dora Awards

TRAINING - BFA Honours Theatre - York University

Acting - Advanced/Masterclass	David Rotenberg/Pro Actors Lab
On Camera	Lewis Baumander, Lynne Cormack, John Boylan
Vocal Coaching	Anthony Bastianon, Susan Eichorn Young, Gail Hakala, Adrian Marchuk
Musical Theatre	David Connolly, Thom Allison, Tracy Michailidis
Dance	Metro Movement, Joy of Dance
Firearms PAL certified	Rapier Wit Screen Firearm Safety Course

SPECIAL SKILLS

Mezzo-Soprano F3-Bb5 (Belt to F5), G License, PAL License Registered & Non Registered, General American Accent, Paddle Boarding, Cake and Cookie Decorating, Swimming, Cycling, Dog Boarder.